



THE NETHERHALL ECHO



Welcome to the newsletter, bringing you up-to-date information about the School.

4 June to 20 July 2018

Issue 9

Dear Parent and Student

Netherhall School has had a memorable year. It started with a marked improvement in the outcomes for Year 11 and Year 13 students and the introduction of a new school uniform.

In February, a monitoring visit from the schools' inspectorate, Ofsted was converted into a two day inspection, which resulted in a 'Good' judgement for Netherhall School – the first time the school has officially achieved an overall rating of 'Good'. This has proven to be the fastest turnaround of any secondary school in the country; we are the only school in the northern region to have had its directive academy order revoked and one of only five secondary schools nationally to have achieved this feat. Personally, the best statement in the whole report is 'pupils love coming to school', whatever the achievement it is always about the students and inspiring them to fulfil their considerable potential.

In addition to the Ofsted judgement there have been many accomplishments by our students, ranging from sporting honours to students achieving their Duke of Edinburgh Gold Award.

I fully expect this year's exam results at both GCSE and A Level to be the best in the school's history, as I have never seen more motivated, focused and hardworking staff and students.

It will be difficult to better this year, but that is exactly what I and my team intend to do, starting with the reinstatement of the original school badge and the introduction of a Sixth Form uniform for the new academic year.

I hope what comes across to you is how incredibly proud I am of the school and its achievements, its staff, its students and the community of Maryport.

Yours faithfully

Mr D W Tromans
Headteacher

Learning

EDUCATION AND TRAINING NEWS AND VIEWS



Time is running out to nominate a hero

ANNUAL EDUCATION AWARDS: P6



University of Cumbria | TEN SPIN | NUCLEAR HOLLAND

We're CHoC full of opportunities...

DOCTOR TRAINING SCHEME: P2



Netherhall's

Ofsted success

The school that turned around its performance to earn praise from education watchdog: Pages 4&5

Sue Hayman MP

Member of Parliament for Allerdale, Sue Hayman visited Netherhall School on Monday, 16th of July. This was to recognise the remarkable achievement of the staff and students of Netherhall School.



Mrs Hayman, pictured with Headteacher, Mr Tromans and star Sixth Form Netherhall School student, Jamie-Lea Wright, congratulated the school on its first ever overall judgement of Good by Ofsted and the fact that the school is the only school in the northern region to have had its Directive Academy Order revoked, while being one of only five secondary schools nationally to have achieved this feat.

Mrs Hayman complimented the school on this exceptional achievement, was truly impressed by her visit and wished the school every success for the future.

Mr D W Tromans
Head Teacher

Year 6 Transition A Great Start!

It was an absolute delight to see all the bright, happy and excited Year 6 faces in Netherhall School for transition day. The new Year 7 intake had a brilliant day and can't wait to start in September.



Mr D W Tromans
Head Teacher

Reading Challenge Winners

Every half-term the winners of the reading challenge in Years 7-9 are presented with a £5 book token to acknowledge their outstanding attitude, effort and achievement in reading. Well done, you are all reading champions of Netherhall School.



Zac Alton, Scarlet Banks and Leo Beales



**Summer Barcus, Bethany Kirkbride, Evie Houghton,
James Wilson, Sophie Mumberson and Olivia Anderson**



**Georgia Kirkbride, Cameron McEwan, Calum Elsam,
Ben Lambert and Leah Penn**

**Mr D W Tromans
Head Teacher**

Netherhall School 100%

Two outstanding Year 11 Netherhall School students, Taylor Charters and Aidan Cremins have achieved 100% attendance – they have not missed one day of school in five years! A remarkable achievement!



They are exceptional students, super young people and an absolute credit to their families. Taylor and Aidan, you are champions of Netherhall School.

Mr D W Tromans
Head Teacher

The Karate Kid England Honours for Nathan Hadley

Netherhall School star student Nathan Hadley has been selected to represent England in the ESFK England, for kata at the 7th World All Ages Karate Championships in Dundee on June 17th, 2018.



Nathan is a super young man and a delight to be around in school. Nathan you are a champion of Netherhall School and we wish you every success in the championships.

Mr D W Tromans
Head Teacher

Cumberland Show

Super Netherhall School students Jake Scott and Bethany Kirkbride debuted at the Cumberland Show.



Bethany Kirkbride showed one of the beasts from her family farm at Flimby Hall, a one year old heifer cow. Bethany also achieved an excellent 3rd place and really enjoyed the experience. Bethany plans to show the heifer at the Cockermouth Show.



Jake and Bethany, well done, you are both champions of Netherhall School.

Mr D W Tromans
Head Teacher

Champion Rower Star Sea Cadet David Jackson

Super sea cadet David Jackson won the North-West Area Sea Cadet 500m Individual Rowing Competition held in Barrow. David was representing the Maryport unit in the individual sculling event against six other teams. David has previously represented his unit in kayaking events, but this was his first time in the rowing event. David has only been rowing for a year and was truly delighted with his success, which he credited to all of his excellent instructors in the Maryport Sea Cadets, and in particular, Claire Bostel.

The Maryport Sea Cadets did very well overall in the competition, coming first in the Individual Boys classification, first in the Junior Mixed classification and first in the Open Mixed classification, which were the only competitions the unit entered!

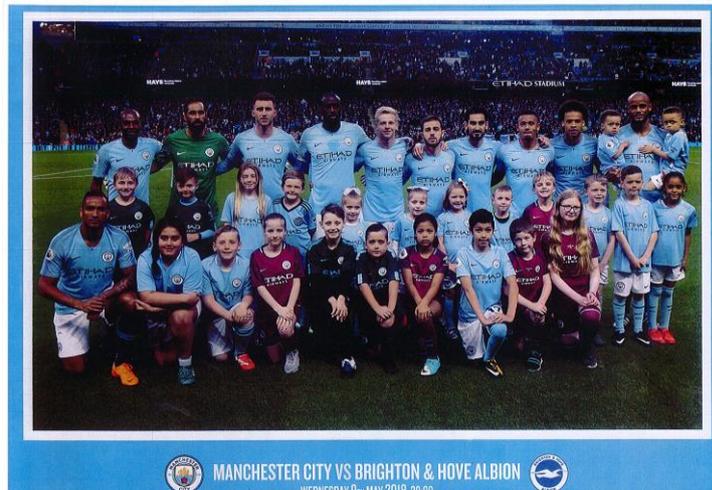
David is a first-class student at Netherhall School. He has been in the Sea Cadets for five years – six in December, has loved every minute and wants to join the navy when he leaves school. What comes across when talking with David is his absolute joy and pride in his involvement with the Maryport Sea Cadets.

David, well done, you are a credit to Netherhall School and the Sea Cadets.

Mr D W Tromans
Head Teacher

The Chance of a Lifetime

Lucky Year 7 student, Sophie Kray and her younger brother, Brandon had the chance of a lifetime to be two of the mascots for this season's Manchester City versus Brighton and Hove Albion Premier League match.



The two factors that made the experience extra special for Sophie were that it was Manchester City's famous centenary season – the first time a Premier League team has attained 100 points in a Premier League season; and the fact that it was Yaya Toure's final game for Manchester City, which included a lap of honour taking in an unforgettable and surreal atmosphere.

Sophie had a wonderful and truly memorable experience, that by her own declaration ***'I'm not likely to ever forget!'***

If you're wondering, Sophie is the fourth from the left and Brandon is second from the right, on the front row as you look at the picture.

Sophie is a lovely student who has really taken to secondary school and is doing brilliantly in her academic studies and also plays for the Netherhall School Girls' Football Team.

Sophie, you are a champion of Netherhall School.

Mr D W Tromans
Head Teacher

2018 Maryport Carnival Queen

Year 7 Netherhall School student Katie Poland was the young lady who won the honour of being the 2018 Maryport Carnival Queen; she was joined by her friend Georgia Porter. The two young ladies did a fabulous job at the head of the parade and were presented with their trophy by the MP for Allerdale, Sue Hayman.



Mr Wassell
Pastoral Lead Teacher

Sixth Form Update

New Head Boy and Head Girl for Netherhall School

Netherhall School has elected a new Head Boy and Head Girl for the academic year 2018-19. Following a vote amongst their peers and a formal interview, I am delighted to inform you all that Ewan Laverty has been elected Head Boy and Lauren Gorge has been elected Head Girl.

Ewan is currently studying A levels in biology, chemistry and mathematics and his ambition is to read for a degree in medicine from September 2019. He has contributed a great deal to the life of the Sixth Form and of the school during his time in Year 12. He is heavily involved in the school's paired reading program in support of lower school students this year. Ewan is an active member of the Sixth Form Council and represents the first XI football team and will shortly be participating in the Rotary Club Young Leader's Award in Lancashire.

Lauren is currently studying A levels in art, ICT and PE, her ambition is to gain a degree level apprenticeship with GEN II at Sellafield from September 2019. Lauren has also contributed a great deal to the life of the Sixth Form and of the school during her time in Year 12, most notably as the Managing Director of the school's award winning Young Enterprise company "Blaze". She is heavily involved in the school's paired reading program and in supporting community sports events. Lauren is an active member of the Sixth Form Council.

The strength of the field in the election of this year's Head Boy and Head Girl was particularly strong and I would also like to congratulate Ryan Moore on his appointment to the post of Deputy Head Boy and to Megan Almond on her appointment as Deputy Head Girl. Ryan is studying A levels in mathematics, further mathematics and physics, with the intention of reading for a degree in mathematics from September 2019. Megan is studying A levels in biology, chemistry and mathematics and intends to read for a degree in medicine from September 2019. All four students are a credit to themselves, their families and to Netherhall School. They will provide a great example and source of inspiration to their peers and to younger students. I would like to thank outgoing Head Boy, Matthew Ridley, Head Girl, Chloe Wilkinson, Deputy Head Boy, Lewis McDowell and Deputy Head Girl, Dora Crossland for the outstanding service they have given to the school this year and for the high standards they have set for the incoming team.



Head Girl Lauren Gorge and Head Boy Ewan Laverty

Year 13 Leavers' Dinner

On Friday, 29th June Year 13 students hosted their leavers' dinner at the Castle Inn, Bassenthwaite. Set against the backdrop of Skiddaw, the venue provided some excellent photo opportunities as the Year 13 students arrived beautifully attired. The meal itself was superb and was followed by speeches given by Mr Tromans, Mr Bailey, Head Boy, Matthew Ridley and Head Girl, Chloe Wilkinson. Awards were then presented to Year 13 students, as selected by their peers, before students danced the night away. Staff all agreed it was a privilege to have been invited to the leavers' dinner and commented on the fantastic atmosphere on the evening. Year 13 students have worked fantastically well over the course of their A level studies and are well placed for excellent results this summer. They are a credit to themselves and an inspiration to the new Year 13 students. Netherhall School has been fortunate to have enjoyed the company of such a wonderful group of students over the last 7 years and we would like to wish all Year 13 leavers all the very best for their futures.



Back: Holli Coulthard, Katie McAvoy, Kelly Pearce, Dora Crossland, Laura Haig, Shellby Towers, Leah McArdle, Shane Relph, Emma Simmons, Chloe Steele, Niamh Mossop, Chloe Wilkinson, Chloe Copeland, Lauren Pape, Rachel Ford.
Front: Lewis Todd, Daniel Bell, Jay Quayle, Thomas Bozier, Zac Olstrom, Arran Moralee, Lewis McDowell, Jack Pears, Greg Brough, Matthew Ridley.

Sixth Form Uniform for 2018-19

Netherhall School Sixth Form is looking forward to the introduction of its new uniform, which will be compulsory for Year 12 students and optional for Year 13 students from September 2018. Year 12 students will be required to wear a white shirt, school tie, black trousers or skirt and black shoes complemented by the new, grey Sixth Form jumper or cardigan. Orders for the new Sixth Form uniform can be placed with West Coast Embroidery which moves to its new base at Netherhall School from the week beginning Monday, 16th July.

Netherhall School Sixth Form students Lauren Gorge, Ewan Lavery and Jodie Hodgson model the new Sixth Form uniform.



Sixth Form Taster Week

In preparation for our next intake of Sixth Form students in September, a taster week was held between Monday, 2nd and Friday, 6th July for Year 11 students who have just completed their GCSE examinations. We are delighted to have received a record number of applications this year, with 70 prospective Year 12 students in September to replace our 28 Year 13 leavers. A fantastic week was had by all, with a full timetable of sessions provided by staff who will teach our new Year 12 intake from September. The week offered a great deal of guidance to pupils in helping them select the right courses to suit their future career aims and enable them to achieve great success in their Sixth Form studies. Alongside academic and vocational lessons, our new Sixth Formers enjoyed a sports afternoon on the Wednesday, which featured an excellent game of rounders and the arrival of Gray's ice cream van from Dearham to provide much needed refreshment for all. I would like to thank the students for their great attitude throughout the week and look forward to welcoming them formally into our Sixth Form in September.



New Sixth Form students ahead of the rounders afternoon during taster week.

University of Cumbria visit and UCAS application days

Year 12 students accompanied by Mr Bailey, Miss Barcock and Miss Carter enjoyed a University Careers Fair at the University of Cumbria on the afternoon of Monday, 2nd July. Universities from across the country were in attendance and provided great advice to our students as they decide upon their future career paths. The visit did much to "whet the appetite" of Year 12 pupils who have worked diligently in preparing university personal statements, while also researching potential courses, in two UCAS days held in school with Mr Bailey on the morning of Monday, 2nd July and for a full day on Thursday, 5th July.



Year 12 students hard at work researching university courses and drafting their UCAS personal statements on Thursday, 5th July.



Year 12 students at the Fusehill Road Campus of the University of Cumbria, Carlisle on the afternoon of Monday, 2nd July.

Sixth Form Council 2018-19

The Sixth Form Council is essential to the smooth running of the Sixth Form body and I am delighted to inform you that following an election, our new council has now been instituted and has already held its initial meeting. Positions have been allocated as follows:

Head Boy – Ewan Laverty. Head Girl – Lauren Gorge.

Deputy Head Boy – Ryan Moore. Deputy Head Girl – Megan Almond.

Chairperson – Esme Rowe. Deputy Chairperson – Jodie Hodgson.

Secretaries – Katie Harris and Jamie Lea-Wright.

Finance officers – Owen Scott and Luke Todd.

Environmental officers – Arron Musgrave, Emily Akehurst, Jody Ferris, Amber Butler, Madison Fisher, Olivia Desborough, Kieran Minshaw.

Charity officers – Kaitlyn Banks, Beth Peel, Eden Towers, Amie Wignall.

Events officers – Emily Southwell, Beth Peel, Yasmin Dixon, Katie Harris, Lauren Gorge, Kaitlyn Banks, Jodie Hodgson, Abigail Muller, Amie Wignall, Eden Towers.

Boys sports captain – Matthew Bell.

Boys sports vice-captain – Josh Taylor.

Girls sports captain – Emily Southwell.

Girls sports vice-captain – Lauren Gorge.

Year 13 reps: 13 LRB – Cameron Harker, Amber Butler, Brad King.

13 WJC – Charlie Purdy, Kieran Minshaw, Amie Wignall.

Congratulations to all Sixth Form students elected to these important positions of responsibility. I look forward to working with you over the coming year to further develop the quality of Sixth Form provision at Netherhall School.



Sixth Form Council members for 2018-19. Back row: Kieran Minshaw, Cameron Harker, Ryan Moore, Brad King, Amber Butler, Madison Fisher, Ewan Laverty, Owen Scott, Luke Todd, Josh Taylor, Matthew Bell. Middle row: Arron Musgrave, Beth Peel, Emily Southwell, Yasmin Dixon, Abigail Muller, Charlie Purdy, Olivia Desborough, Lauren Gorge, Jodie Hodgson. Front row: Esme Rowe, Megan Almond, Eden Towers, Amie Wignall, Kaitlyn Banks, Katie Harris, Jamie-Lea Wright.

Durham University Supported Progression Summer School

I would like to wish Year 12 students Ryan Moore, Esme Rowe and Brad King, who will attend the Durham University supported progression summer school in late July, a wonderful experience. The students should be extremely proud of the fact that they have been selected to attend and I am sure the experience will serve them well ahead of formal university applications in the autumn term. Ryan has been selected to take part in the mathematical sciences programme, Esme will follow the modern languages and cultures programme while Brad will take part in the primary education programme between Sunday, 29th July and Friday, 3rd August.



Durham University Supported Progression students Ryan Moore, Esme Rowe and Brad King, Year 12.

Oxford University – Queen's College roadshow

On the afternoon of Wednesday, 11th July Netherhall School Sixth Form students had the good fortune to enjoy a presentation from Anna McKie, a student ambassador and undergraduate student reading for a degree in biomedical sciences, from The Queen's College, Oxford University. Accompanied by fellow undergraduate students, Jack Wilson reading medicine, Ross Lawrence reading French and linguistics and Joe Tulloch reading philosophy and Italian, Anna delivered an excellent presentation about university life, with the key focus on applying to and studying at Oxford. Our Sixth Form students found the presentation most inspiring and we hope this has further fuelled their desire to apply to study at the countries elite universities following the completion of their A level studies.



Oxford University undergraduate students Jack Wilson, Anna McKie, Ross Lawrence and Joe Tulloch who provided great inspiration to Netherhall School Sixth Form students Amber Butler, Madison Fisher and Kieran Minshaw (standing) and Esme Rowe and Jody Ferris (kneeling).

Year 12 work experience week

Between Monday, 25th and Friday, 29th June 15 Year 12 students had the opportunity to take part in a work experience week which was made possible thanks to the support of local employers. Participation in this has helped to cement our students' future career plans and Netherhall School is indebted to the support of Netherton Infant School, Ellenborough and Ewanrigg Infant School, Ewanrigg Junior School, Allerdale Borough Council, LLWR Drigg, Workington Leisure Centre, PAR Systems, CN Events, Gibbons Accountants of Maryport and Netherhall School Sports Centre who have all provided invaluable work experience opportunities to support the career development of our Sixth Form students.



Year 12 students who participated in the work experience week from Monday, 25th to Friday, 29th June. Back row: Brad King, Ewan Laverty, Cameron Shaw-Hughes, Calum Ffoulkes, Owen Scott. Middle row: Katie Bell, Madison Fisher, Lauren Gorge, Esme Rowe. Front row: Roseanne McSharry, Amie Wignall, Kaitlyn Banks, Ryan Moore.

Rotary Club Young Leaders' Award

Newly appointed Head Boy, Ewan Laverty has just returned from the outstanding opportunity to participate in the Rotary Club of Great Britain's Young Leaders' Award between Saturday, 30th June and Friday, 6th July. Designed for young people aged 16 or 17 who are about to start their working lives or enter higher education, the award is intended to give experience to young people who have shown leadership potential and are likely, as adults, to become future leaders. Based at the Castle Head Outdoor Centre at Grange-over-Sands, students were put into mixed groups of complementary ability and took part in outdoor activities. Students were placed in challenging situations to help develop leadership and team bonding skills to increase personal confidence. Ewan enjoyed the course immensely and was appointed group leader during a two day expedition as part of the course and reports that **"One of the most important skills I gained was the ability to change leadership in order to accommodate each individual within a team, so that the task in hand could be accomplished in the most efficient way possible"**.

Ewan is an exceptional young man and a great role model to both his peers and to the younger students of Netherhall School. We are sure that Ewan will prove to be a first class Head Boy over the coming academic year and would like to thank the Rotary Club of Maryport for their generosity in providing and financing this brilliant opportunity and would particularly like to thank Mr David Telford, past president of the Rotary Club of Maryport for his support of the students of Netherhall School. It is very much appreciated.



Head Boy Ewan Laverty at the Rotary Club Young Leaders' Award

The FA Primary Teachers Award

Congratulations to Year 12 students Brad King, Cameron Shaw-Hughes and Calum Ffoulkes, who have successfully completed the FA Primary Teachers Award. The course was held at Netherhall School's Sports Centre on Friday, 6th July and was led by Chris Brammall who works for the FA. The qualification is intended for young people considering a career in sport and particularly for those intending to become, or who are already primary school teachers. All three Year 12 students are considering careers in primary education or the sports industry and have recently completed work experience placements to support their career ambitions. Brad has enjoyed a weekly placement with Maryport Junior School throughout this academic year and has also enjoyed a recent work experience week with Ewanrigg Junior School. He is also participating in the Durham University Supported Progression Programme for primary education. Cameron and Calum have recently enjoyed a work experience placement week with Netherhall School's Sports Centre and are also weighing up the possibilities of a career in education. Our thanks go to the FA for providing such a stimulating and rewarding course which will serve all 3 boys well ahead of their university applications during the autumn term.



Brad King, Cameron Shaw-Hughes and Calum Ffoulkes, Year 12

University visits

Over the last half term several Year 12 students have enjoyed university open days and taster weeks in preparation for their university applications during the autumn term. Megan Almond has visited Newcastle University and Liverpool University and intends to read for a degree in medicine; Arron Musgrave has visited Newcastle University and Liverpool University and aims to read for a degree in dentistry; Kieran Minshaw has visited Newcastle University and is considering reading for a degree in law; Esme Rowe has visited Leeds University and the University of Central Lancashire and aims to read for a degree in modern languages; Amie Wignall has visited Northumbria University and intends to read for a degree in primary education; Ewan Laverty has enjoyed a taster week at Lancaster University and intends to read for a degree in medicine while Charlie Purdy and Olivia Desborough have also both attended a taster week at Lancaster University ahead of their applications to read for degrees in law from the autumn of 2019. We are delighted that the students have taken the time to carefully consider their future career pathways and that they have gained invaluable experience to leave them well placed ahead of their university applications in September.



Year 12 students who have attended university open days and taster weeks over the last term.
Back row: Kieran Minshaw, Esme Rowe, Arron Musgrave, Ewan Laverty.
Front row: Olivia Desborough, Amie Wignall, Charlie Purdy, Megan Almond.

Charity Fundraising for Cancer Research UK

I would like to thank the newly appointed Sixth Form charity officers for arranging a cake sale on Tuesday 17th July in aid of Cancer Research UK. The event was well organised and took part at both break and lunch time in the Year 7 area, managing to raise £102.50p on the day. Congratulations to the new charity team for organising such a successful event.



Sixth Form Charity Officers: Eden Towers, Lauren Gorge, Katie Harris, Amie Wignall, Kaitlyn Banks and Beth Peel.

Finally, I would like to wish all Sixth Form students a restful and well-earned summer break. I could not have asked for a more professional attitude from our students over the past term and look forward immensely to a great set of A level results on Thursday, 16th August and to the start of the new school year on Tuesday, 4th September.

Mr M D Bailey.
Deputy Headteacher / Head of Sixth Form.

Discovering Local History at Crosscannonby with Mr Bell

Mr Bell had recently organised a metal detecting rally at a farm near to Maryport. The farm, at Crosscannonby has structures dating back to the 1st Century when the area was under Roman occupancy. There is also evidence to suggest the area continued to be occupied throughout Medieval and Tudor times.

The group found many artefacts during the day, some of which have been identified as being up to 2000 years old. Along with fragments of Roman coins and trade weights, coins from Edward II (1307 – 1327) and Elizabeth I's reign 1558 – 1603 were also unearthed. These coins help build the historical timeline of Cumbria's villages and the findings have been recorded with the British Museum.



Photo 2 – Metal Detecting Cumbria Group

The proceeds from the rally were generously donated to Netherhall School by the land owners, Mr and Mrs Carruthers.



Photo 3 – Edward II silver penny



Photo 4 – Elizabeth I silver penny

The group, called 'Metal Detecting Cumbria', is familiar with finding historical artefacts in the county. Mr Bell has also made discoveries which were classed as 'of national importance' by the British Museum. These included a 1st Century Roman silver coin hoard, a hoard of medieval coins from the 13th Century and a rare collection of Viking ingots and jewellery, which were buried sometime in the 10th Century.

The group hope to return later in the year in a bid to uncover further pieces of Cumberland's historical jigsaw.



Photo 5 – The Lowside quarter Roman



5 – Edward III coin hoard



Photo 6 – the Beckermot Viking hoard

Mr Bell
Assistant Headteacher

Geography Field Trip Honister

Year 10 GCSE geographers had an excellent day 'in the field' on Tuesday, 10th of July, completing part of their GCSE coursework, conducting a river survey on Gatesgarthdale Beck in the spectacular Honister Pass and Buttermere Valley.

The field trip involved lots of measuring, recording and getting one's feet wet. The Netherhall School students thoroughly enjoyed the experience and learned a lot about the formation of rivers.

Well done to all the staff and students involved, who displayed an excellent work ethic, interest in geography and who represented the school magnificently.



Mr D W Tromans
Head Teacher

French Trip 2018

Early in the morning of Sunday, 1 July a coach left school bound for France with forty very excited people on board. We drove to Portsmouth where we boarded the cruise ferry to Ouistreham. Whilst on the ferry, some of us went to the cinema whilst others did some shopping, played in the games room, watched the magic show and the world cup, played table tennis on deck or relaxed on the sun loungers. The self service restaurant and coffee bars were well used too. When we got to our accommodation in Vains we were welcomed with hot chocolate and cakes by Sylvain our "animateur" for the week.



On Monday after breakfast it was down to the beach at Carolles for fun, sun and games followed by ice cream. After lunch we went to Mont St Michel which was nicknamed Hogwarts. Sylvain led us on a tour of the ramparts followed by a mini shopping expedition up the main street. On the way back to our accommodation we called in at the Carrefour hypermarket at Avranches where we did a little shopping. That night we had a buffet supper followed by a treasure hunt organised by Sylvain before going to bed.



Tuesday saw us visiting the pirate city of St Malo where we walked around the old city walls before Sylvain led us through the maze of streets in order to find the chocolate shop. We ate chocolate lollies whilst watching a man singing to music from a barrel organ. It was really good chocolate according to Keely Melville and Rebecca Stone.



In the afternoon we went to the aquarium where we saw sharks and turtles. It was funny when a scallop squirted water at Kai Moore. He jumped a mile!



We also had a ride in a deep sea submarine simulator. That night we ate in a restaurant where we had a "grillade". The sausages were very tasty. Before bed we played football and basketball outside.

The huge street market at St Hilaire was our destination on Wednesday morning. There were thousands of stalls selling everything from curtains and chairs to chickens, rabbits and birds in cages. There were people dancing in the street to accordion music and clog makers who would make wooden shoes to fit your feet. That afternoon we went to the Château de la Baudonnière

where we did various activities in French including baguette making which involved Jack Charters and others wearing a baker's hat and Fletcher Addison doing the egg wash on the finished bread dough.



It was quite easy to understand the French instructors even though they did not speak any English. Later we went to La Grande Ferme for our evening meal before going ten pin bowling.

A 1,000 year old castle was our destination on Thursday morning. During our exploration we didn't come across any ghosts but somebody thought they saw a crocodile in the moat. After a picnic lunch by the moat we went to the Ange Michel theme park. There were some great rides and no queues!



The most popular rides were Tornado, Aquasplash, Flash Tower, the bumper car boats and "La Deferlante" which was described as "a big, blue, whirly spinner thing that goes up and down". The favourite phrase at the snack shop was "Je voudrais un Slush Puppy s'il vous plait" because it was really hot and sunny. Later we went to La Grande Ferme to eat. It was our French night so some of

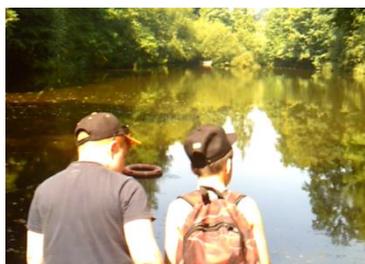


us went dressed up as French people and we got to try eating snails in garlic and butter sauce. Much to their amazement some of us found we really liked the taste of them and we ate loads. Well done to Zak Alton who won the best dressed French person competition.

We spent all day Friday back at the Château de la Baudonnière where we did baguette making, fencing and archery amongst other things. None of the instructors spoke any English to us, but we soon understood them and learnt what to do. We were introduced to Kevin and Kevina

the peacocks, a one month old Shetland pony called Inès who was curious about what was in our bags and loved us stroking him. Some of us met Jam the parrot whose favourite word is "cacahuètes" which means peanuts in English.

After lunch a small group of us went 'crocodile spotting' at the lake. We definitely saw some fish and possibly a crocodile or two but they are very hard to spot when they just lie still in the water!



The afternoon's activities passed quickly, especially the archery lesson with Sylvain. Bullseyes abounded but Rebecca Stone had the best style by a mile!



That evening we had a barbeque birthday meal because Will Cannon and Olivia Tubman both had birthdays during our visit to France.

Then it was our final night fun and show. Cameron Brooks sang "Bohemian Rhapsody" followed by stunning performances by Keelan Lauanders, Ben Lambert, Ashtyn Skillen and Joe Denwood. The night was rounded off with some party dancing.



Mr Watt
Head of French

Art Exhibition at Netherhall School

On Monday, 2nd July we opened the doors to our annual art exhibition which is a celebration of all of the hard work of our GCSE and A-Level art and photography students. The work on display was excellent and each and every student should be very proud of themselves for what they have achieved. The highlight of the exhibition was the work of the current Year 13 A-Level students which ranged from fine art painting to abstract photography; truly exceptional work!

Students from past and present attended the event, along with parents, teachers and governors and many commented on the quality of the students work. The refreshments were provided by the Year 9 catering class and yet again, the students excelled.

Thank you to everyone who came along to celebrate our students' successes and we look forward to seeing everyone again next year.



**Ruth Stead
Head of Art**

Year 6 Super Sleuths Detective Writing workshop

Over the last few weeks, a group of Year Six pupils from Ewanrigg Junior School, Maryport Junior School and Our Lady and St Patrick's Junior School have been polishing their creative writing skills here at Netherhall.

Studying the style of Arthur Conan Doyle's writing of Sherlock Holmes stories, working in groups and individually, they have produced their own vignettes in this style, focusing particularly on creating character and setting.

I think you'll agree, we have some budding detective-fiction writers in the making here - they may even be commissioned to write the next "Sherlock" ... watch out Benedict Cumberbatch!



Mrs Askew **Literacy and Intervention**

'A gentleman, dressed in black and white, who had been lurking in the shadows emerged into the light, his hands locked together. He peered right at us and we could see his cheeky grin on his old, frail face. His hair was all ruffled, the wind blowing it like crazy. His fingers slowly separated as he shakily went to grab our hands. His bright blue bulbs shot a smooth glance at us, whilst we hesitated and had sweat cascading down our foreheads. He put his hands by his sides, swivelled around and faded back into the darkness.

Early on a Sunday morning, I woke up to see a silhouette of a man who I could just about see his big, bright bulbs, beaming in the darkness. I shot up from my bed and squinted through the pitch blackness. I could hear rustling as I stepped up out of my bed and took a step forward to inspect the suspicious noise. "Come closer, the man declared. "Do come closer," the man suggested, raising his voice.

I tip-toed back to my bed and flung the covers over my body. Silence.

"Don't make me come to you - where have you gone?" exclaimed the man. I slowly lifted the covers and peered at the man. "Wh, wh, wh, who ar, ar, are yo, yo, you?" I stammered.

"I am the son of Mr John Patterson."

"Who is ...?"

"You must know him," the man interrupted, "and I am Mark Patterson, also known as "Pat". I stayed silent and clutched my covers, protectively.'

Nevaeh Adanma, Our Lady and St Patricks

'As Sherlock and me entered the room, we glimpsed a mid-40's man approaching us from the window, he was wearing a crimson blazer covering a matt black t-shirt, a pair of green trousers coating his legs as he beckoned us towards him, announcing he was Jamie Watson.'

As the sun began to set over the vast forest, the trees were almost blocking the yellow glow. The trees up high behind the huge house that was stoke Moran.'

Ewan Holt, Our Lady and St Patricks

'As I strode through the large oak door, my eyes fixed to the skinny silhouette of Elizabeth Oakly. In the darkness, 24 carat gold earrings sparkled brightly. Her petite features complimented her flawless skin and her pearly perfect teeth shimmering. "Finally ..." she cooed as her bony clammy fingers reached out to greet Sherlock. Sherlock's expressionless face explained exactly how he felt.'

Macie Wilson Crellin, Our Lady and St Patricks

'The hairy obese man strutted into the room and his hair first caught my attention straight away. It was slick back and shiny. His long designer coat was so large it covered his toes. His blood-shot eyes were as red as a pulsating heart. His Lonsdale shoes had holes in the ends of them, which showed his big toes. But the scar shone brightly on the left side of his temple. Anxiously he touched the scar and flinched as he remembered the bad times when he was little

"Mr Brown!" Sherlock Holmes exclaimed. He flinched and gave Sherlock a glare.'

Fran Thornton, Our Lady and St Patricks

'Looking through the misty window, in a cosy little room, out on to a forest full of tall trees, the full, pale disc of the moon shone down brightly making the wolves howl. As I listened to the howls of the wolves, I began to wonder whether the cobbled streets of London were as scary as this. So I ran out of the bedroom and looked through the front window. The snow had covered the streets like a blanket covers a child. The trash cans were rattling in the wind.'

Yasmin Nicholson, Ewanrigg

'It was early, on a gloomy Sunday morning, when I casually strolled into my office to see a woman dressed in a dull denim jacket and leather shoes, who had been sitting perched upon my white window sill as I entered. She rose with a smug look and I could see the suspicious look on her face, her chocolate coloured eyes lit up with fury burning through her. She walked towards us with her teeth bared in anger, like the snarl of a vicious wolf approaching its prey, her face gleamed with a stream of crimson blood dripping down her face. I stepped closer to find her eye was ... glass!

"I was waiting for you, Holmes," muttered Lucy Fletcher.'

Katie Holliday, Ewanrigg

'Staring through the misty window of a cosy little room, looking upon the gloomy, cobbled London streets. As the midnight full moon glowed through the drifting clouds, layers of thick mysterious fog, like snow, was over-powering the cobbled streets. Lying in a shadowy corner was a miserable figure, groaning next to a rattling trash can. Groups of people huddled together, whispering to each other while the rodents lurked in the darkest corners.'

Macie Lavery, Ewanrigg

'I could barely see a shadowed image of a man sat in the corner, sniggering with a cigar in his hand. His appearance stood out to me as intimidating, he had a posh suit with a long frock coat. I noticed something shimmering on his wrist, it was a Gucci watch! Looking at his large face closely, I realised he had a glass eye! "I've been expecting you, Mr Holmes," declared Edward Collins.'

Aimee Nicholson, Maryport Juniors

'Wednesday Evening, at 7 o'clock the streets of London were weak and the grey coloured clouds were weeping. A grey and black building in the distance was made up of lichen-blotched stone. This mansion was covered in blocked up windows and broken doors... it was a picture of ruin! Shadows wandered up and down corridors while the curtains swayed in the distance, I could tell the two people were Mr Holmes and Dr Watson. As the towering twisted trees curled around the building, I wasn't sure whether I wanted to go inside ...'

Kara Fisher, Maryport Juniors

'Tucked behind the twiggy branches of a bush stood a derelict and neglected tall structure named 'Craig MC Manor'. Dragging my shoes across the overgrown-silky grass I approached the helpless building. Firmly stepping up the stairs, I reached out my shaky hand to push the door open. Adrenalin rushed through my body like a rollercoaster, as a cold breeze drifted through the splintered door, hanging loosely from its frame. The old creaky sounds from each movement haunted me. Old musty smells darted through the air as I skimmed the banister with my hand. "Sullivan McDowell" a voice called, "Hello, is anyone there?"

Mitchell Joseph Larg, Maryport Juniors

'Beyond the twirly, wound branches a black, lichen-blocked stone, house built centuries ago. Dark and abandoned one side, another side lights switched on and shadowy figures moping around. Oval-shaped windows covered with moss dotted around the ancient walls as the walk-way was run down like a neglected mansion'

Suddenly, the door slammed open as this tall, dashing man stepped into the room wearing a Hugo Boss suit. Very arrogantly he shouted, "what am I needed for?" as he sat down, his long ginger hair covered his face. Brushing it back, I could see a glass eye twinkle in the darkness.'

Ethan Declan Harris, Maryport Juniors

It was Tuesday night about 10 o'clock and Baker Street was shrouded in leaden fog. The cobbles were all loose, so it was hard to walk along the road

A teenager slowly opened my office door with bright red Gucci flip flops showing round the aperture, so I shouted, "come in!"

The door quickly swung open and a 15-18 year old came limping in, and sat on my spindly chair. His hair was permed and looked like noodles. His skinny Slazenger zip up, green hoodie was really torn and ripped. He wore a diggerland watch showing ten past three. He had a twinzz cap on back-to-front, thinking he was all cool.

"Ha ha, I've been expecting Joe Stewart" declared Sherlock Holmes.'

Jack Greenhow, Maryport Juniors

'it was an October evening and it wasn't even 6 o'clock yet, but it was dark and eerie. Death-coloured clouds crept mysteriously overhead. A derelict building stood before me, it had shattered windows with torn curtains swaying in the cold, bone-chilling wind. A paint-blistered, battered, door was hanging on to the hinges for dear life, it looked like it had been there for centuries. Suddenly, the door creaked open and a blood-curdling lobby was revealed. It was intriguing. In the matter of one minute I found myself walking through the doorway...

My door suddenly swung open, and a dark shadow lurked in the aperture. Then he took a few steps forwards to reveal himself. It was Dr Grimesby Roylott! He was dressed in a long, black tailcoat with a creaseless shirt and tie underneath. His snakelike eyes stared at me, never moving, and his bony fingers clenched together. His expression was cold and emotionless. He suddenly began to speak. Very modestly he said, "Uh Sherlock I guess you know what I've come for ..."'

Eve Barcock, Maryport Juniors

'October evening, the clouds of darkness drooped over the building that was covered in slimy green moss and smoke, surround the entrance which was secured by huge, wooden medieval doors that had about seven locks on the inside and outside. Down in the basement was a cupboard and on the back of the door were giant metal spikes, sharp enough to cut you with a single touch. A floor with gaps and creaky boards, which wind howls through when you step on them. A rough rug in the middle of the deadly-basement floor was a skinned fox that had been spread out without a crease. Then the door slammed behind me...

My door swung open dramatically as a shadow of black gloomy mist lurked through the aperture of my tension-filled room. The black of a velvet frock-coat dragged along the polished wooden floor and left a trail of navy and black smoke behind him. A £1,000,000, Rolex was strapped to his wrist and a Gucci Fedora balanced on his head. In the blink of an eye he glided towards me. "I've been expecting you Sherlock, my name is ...". He glided again and disappeared out of my bedroom door.

Ellie Skillen, Maryport Juniors

'My office door, that was cold still, suddenly charged open. My good friend, Dr Watson, walked in, "A client is downstairs, your assistance is needed." I stepped up from my chair and a 20 year-old female stood by. She was tall, about 5 foot one inch, straight-combed hazel hair, rosy cheeks, ocean-blue eyes, a healthy skinny body and an amputated leg.

It was a Sunday evening in August and not yet seven o'clock, thus I was bored rigid. An idea of man-kind came to me. Swiftly, I briefly stepped out of my charcoal, leather chair, in which I had sat for two long minutes. Gradually I moved towards my office door. Down the long, dark, forbidden corridor towards the open world. The bright glare of the world blinded me from isolation. Rocky and cracked cobblestones filled the street's ground. Air of the evening flooded the skies leaving the smoke of the morning to vanish into the surroundings.

Emma Bell, Maryport Juniors

Litter Pick



Netherhall School students, council officer, Mr Gary Banks and local resident, Mr Peter Smith led a clean-up operation down Netherhall Road. The team were tasked with the job of tidying up the verges and collecting all of the rubbish for appropriate disposal. Led by Mrs Palmer, the team did a superb job and the area is now much improved.



Well done to all the Netherhall School students involved, who worked tirelessly and conducted themselves in an exemplary manner. Your work is very much appreciated by the school and the residents of Maryport.

**Mr D W Tromans
Head Teacher**



Netherhall School

An Ambitious, Caring Community



Netherhall School

Uniformed Services Day

Dear student

Uniformed Services Day

As part of the celebration of Uniformed Services Day on Saturday, 30th of June, I would like to invite all students who belong to one of the uniformed services, like the Air Cadets, Sea Cadets and Army Cadets; or who are in the Scouts, Guides, Boys' Brigade, etc. to attend school in their uniform on Friday, 29th of June.

The cadet units, Scouts, Guides and Boys' Brigade leaders do a brilliant job in West Cumbria of providing enriching opportunities for our young people. This is an acknowledgement of their outstanding service and contribution.

Yours faithfully

Mr D W Tromans
Head Teacher

Netherhall Road, Maryport, Cumbria, CA15 6NT

Tel: 01900 813434 Ext. 0 (Main Reception)

Email: office@netherhall.cumbria.sch.uk

Head Teacher: Mr. David Tromans BA(Hons), PGCE, NPQH, MEd

www.netherhall.cumbria.sch.uk

www.facebook.com/NetherhallSch



Managing Medication Procedures - Important information for parents/carers



We recognise that from time to time students may require medication within the school day. However, we do have to adhere to guidelines to ensure the safety of our students.

With this in mind, we would like to point out some procedures that we must follow:

- Some students may need to take prescribed medicines during their time in school. This will usually only be for a short time period, e.g. to finish a course of antibiotics. Parents/guardians must come into school and arrange this with reception.
- Children should not be sent to school with their own medicine (prescribed or non-prescribed) as this poses a health and safety risk to other children.
- Staff will not administer non-prescribed medication i.e. paracetamol, unless there are exceptional circumstances and where there is specific prior written permission from a parent/guardian.
- If a child suffers regularly from frequent or acute pain parents should refer the matter to their child's GP.

Parents/guardians have the prime responsibility for their child's health and should provide the school with timely, complete information about their child's medical condition. If your child has a medical condition that we do not know about, please contact the school, your child's Head of Year or

Mrs B Irving.

AUTUMN TERM 2018		
STARTS	ENDS	HALF – TERM HOLIDAY
Monday 4 September	Friday 21 December	Monday 22 October – Friday 26 October
Number of school days in term – 74		
KEY DATES		
Wednesday 5 September	UCAS Day	
Monday 17 September	Photographs	
Monday 17 September	Year 6 Open Evening	
24-27 September	Year13 Duke of Edinburgh Gold Award	
Monday 1 October	Year7-8 React Science Foundation	
Thursday 4 October	Year 12 Parents Evening	
Saturday 10 October	Rugby Grand Final Trip	
Saturday 10 October	Year 13 Auschwitz Trip	
Wednesday 17 October	Remembrance Concert	
Thursday 18 October	Year 7 Parents Evening	

SPRING TERM 2019		
STARTS	ENDS	HALF – TERM HOLIDAY
Thursday 8 January	Thursday 29 March	Monday 18 February – Friday 22 February
Number of school days – 54		

SUMMER TERM 2019		
		Good Friday – 19 April Easter Sunday – 21 April Easter Monday – 22 April
STARTS	ENDS	HALF – TERM HOLIDAY
Monday 16 April	Friday 20 June	Monday 27 May – Friday 31 May
		Early May Bank Holiday – Monday 6 May
Number of school days in term – 62		

Exams Information

Summer 2018 Examination Results

Results for examinations taken in May/June 2017 are available from school

Thursday 16th August for Alevel at 8.00am – 11.00am Room 100

Thursday 23rd August for GCSE at 8.30am – 12.00pm Ellen Theatre

Certificates will be available mid/end of November 2018 for collection.

We are instructed by the Examination Boards to keep certificates for 1 year only, if they are not collected we instructed to destroy them.



SPORTS AND OUTDOOR EDUCATION NEWS



GIRLS ROUNDERS

This term the hot weather has had a negative impact on the attendance at rounders practice each week. However, we still managed to field a team in Year 8 and 9 for the recent match against Beacon Hill. The Year 9's played first and they were led by their fantastic captain, Cerys Kendall. There was some brilliant fielding from Georgia Mason-Lowe and an excellent partnership between Bobbi Ford and Morgan Langley on first base and backstop. Cerys kept the team motivated throughout the match but unfortunately it wasn't enough and they were beaten by 3 rounders.

Although we scored more rounders we took far too many risks and this allowed Beacon Hill to get lots of our players out. Beacon Hill then played a safe game and this was enough to maintain them the win.

The Year 8's then played and with some fantastic batting from Saffron Maxwell and Abbie Jackson they scored 11 rounders. To ensure the win the girls had to implement some effective fielding skills and listen carefully to their captain, Ella Mason. Ella was a very calm captain and found it really easy to make the right decisions and carry out the appropriate strategies. With her quick thinking and Kate Ivison and Holly Goodger's quick reactions the team were able to get lots of players out on first and second base. This provided the Netherhall girls with the win, and they became victorious 11-9 and a half.

WELL DONE GIRLS.

The season for rounders will finish on Thursday, 19th July with a staff v staff match and many of the girls in the Year 9 team will be supporting this event by officiating. GOOD LUCK GIRLS!!



NETBALL RESULTS 2017/18

Once again the netball girls have had a fantastic season and done Netherhall proud. Training starts again in September and let's work even harder to try and improve on the brilliant results we achieved this year!

NETBALL RESULTS 2017/18

	Year 7	Year 8	Year 9	Year 10	Year 11	Sixth Form
St Benedicts	3 - 1	4 - 7	11 - 2	2 - 19	9 - 5	X
Cockermouth	2 - 3	7 - 3	0 - 12	2 - 11	3 - 30	X
Beacon Hill	0-6		8-4		X	X
WLA	2-3	2-3	5-2	0-12	X	X
St Josephs	11-0	8-3	14-0	9-5	X	X
Workington Academy	1-7	17-1	14-1	3-9	5-7	X
Solway	3-0	5-4	0-25	6-19	X	X
NTS	0 - 4	7 - 5	5 - 2	4 - 16	10 - 6	X

Key

Red = LOST

Green = WON

X = opposing team not available

O = conceded

Cumbria Primary Schools' X-country

The inaugural Netherhall School Cumbria Primary Schools' X-country event was held at Netherhall School on Tuesday, 26th of June. It was a fantastic event with 14 junior schools from across Cumbria taking part.



All the students had a brilliant time, tried their absolute best, looked after their team mates, achieved some impressive times and did their school proud.

The results were as follows:

Individual Results

YEAR 4 GIRLS		
	Name	School
1 st Place	Megan Mitchell	Stanwix
2 nd Place	Daisy Woodcock	Fairfield
3 rd Place	Misha Hodgson	Dearham
YEAR 4 BOYS		
	Name	School
1 st Place	William Tromans	Stanwix
2 nd Place	Jack Morgan	Ewanrigg
3 rd Place	Jack Gorge	Dearham
YEAR 5 GIRLS		
	Name	School
1 st Place	Alice Stafford	St Herberts
2 nd Place	Renee Harbourne	Bassenthwaite
3 rd Place	Liliah Gibbons	Dearham
YEAR 5 BOYS		
	Name	School
1 st Place	Oliver Cropper	Dearham
2 nd Place	Riley Brown	Ewanrigg
3 rd Place	Nathan Kemp	Fairfield
YEAR 6 GIRLS		
	Name	School
1 st Place	Erin Stone	St Herberts
2 nd Place	Lucy Whitfield	BelleVue
3 rd Place	Lyla Chandler	Broughton Moor
YEAR 6 BOYS		
	Name	School
1 st Place	Alfie Lamb	Houghton
2 nd Place	Jack Lishman	Stanwix
3 rd Place	Flynn Murdoch	Ewanrigg

Team Results

YEAR 4		
	SCHOOL	
	GIRLS	BOYS
1 st Place	Fairfield	Stanwix
2 nd Place	Dearham	Ewanrigg
3 rd Place	St Patricks	Fairfield
YEAR 5 GIRLS		
	SCHOOL	
	GIRLS	BOYS
1 st Place	Dearham	Fairfield
2 nd Place	Stanwix	Ewanrigg
3 rd Place	Fairfield	Dearham
YEAR 6		
	SCHOOL	
	GIRLS	BOYS
1 st Place	Silloth	
2 nd Place	BelleVue	
3 rd Place	St Herberts	

Mr D W Tromans
Head Teacher

A Hole in One!

Eleven aspiring Netherhall School young golfers are being coached by Professional Golf Association (PGA) professional Graeme Lisle. Graeme is the golf professional at Carlisle Golf Club and he coaches many of the Cumbria county teams.



Graeme is being ably-assisted by Netherhall School sixth form student and golf-ace, Roseanne McSharry.

The coaching is taking place at Maryport Golf Club, who have been brilliant, providing free use of the golf course and facilities. In short, they couldn't have been more welcoming, friendly and supportive. Maryport Golf Club have very kindly extended their

offer with free junior coaching on Tuesday evenings from 4.00pm onwards. This is available to all young people in the Maryport area.

This is the beginning of the development of golf at Netherhall School; the aim is for the students to represent the school at golf and to enter the English Schools' Golf Championships.

The Netherhall School students had a brilliant day with Graeme, learned loads about golf, improved their game and are inspired to play more. With the summer holidays nearly here and the great weather, it is an ideal time for young people to spend their holiday time playing golf with friends and family at their local golf course.

A huge thank you to Maryport Golf Club, who have made this possible and to Graeme Lisle for his first-class coaching.

Mr D W Tromans
Head Teacher

Netherhall School Orienteering

The Netherhall School orienteering team competed at the Cumbrian Schools Orienteering Championships. The students really enjoyed the day in the hot conditions on what was challenging terrain over the 1.91km course.



Well done to all those students involved, you are champions of Netherhall School.

Mr D W Tromans
Head Teacher

Young Leaders Pathway

At Netherhall School we are committed to encouraging young people to take personal responsibility and develop leadership skills. These skills include self- organisation, reliability, self- confidence, self- esteem, planning and self- review.

In October 2016, sixteen young people (plus 6 teachers from primary schools) attended a Young Gymnastic Judging course which enabled them to judge at the primary school gymnastic competition and assist at after school gym clubs. Three of these judges, Kelly Pearce, Leah McCardle and Lauren Pape in Year 12, went on to judge at the Cumbria Key Steps final in Penrith.

In March 2017, twenty young people attended a Netball Young Organisers course where they learned how to organise and deliver netball sessions and referee matches. They have since umpired Year 7 & 8 netball tournaments taking place over eight weeks at lunchtimes and a Maryport High 5 primary festival.

In April 2017, ten Year 8 pupils gave up their Sunday to attend a Tennis Young Leaders course which trained them to deliver tennis sessions, organise and umpire tennis matches. These young people attended and officiated at the Maryport Mini Tennis festival and the County Mini Tennis final in Carlisle in July.

In May/June 2017, ten Year 12 students were registered on a Sports Leader UK Level 2 course. This accreditation allows these young people to organise and deliver recreational and sporting activities to young people both within and outside of school.

In September 2017, our new Year 7 & 8 will be registered on a Sports Leader UK Young Leader course which will allow us to develop an effective and efficient leadership pathway from Year 6 – Year 13.

All leadership accreditations/qualifications achieved can be included on cv`s. If you are keen to develop your leadership skills or are motivated to gain an accreditation recognised by the National Governing Bodies of sport then please contact a member of the PE department who will be kept up to speed with leadership opportunities as courses become accessible throughout the year.

Netherhall School Tennis Leaders

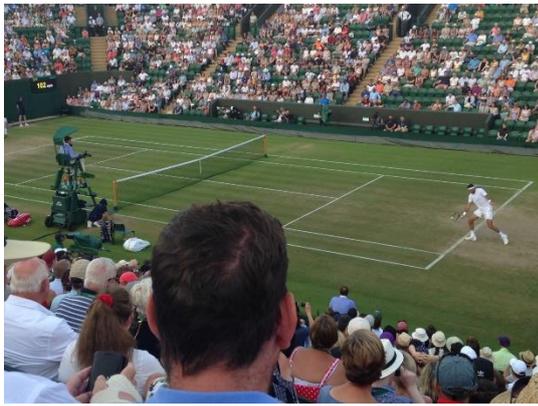
After giving up a Sunday in March to train as tennis officials, Netherhall School Young Leaders from Years 8, 9, 11 & 13 were asked to officiate at the County School Games final at the Chatsworth Tennis Club in Carlisle 11th July. Between them they successfully umpired a total of 200 matches of year 3 & 4 children from across Cumbria. They ensured the competition ran smoothly and was a huge success.

A job well done!



Linda Borthwick
SG & Partnership Manager (Allerdale)

Wimbledon



Netherhall School had its annual trip to the All England Lawn Tennis Championships at Wimbledon. Tennis has really taken off at the school with over twenty keen young students attending morning tennis practice, four mornings a week.



It was an early start on Monday, 9th of July, travelling from Maryport to Wimbledon by bus, train and tube. The school had secured tickets for No2 court and an excellent schedule of matches, which included: Karolina Pliskova V Kiki Bertens, Kei Nishikori V Ernests Gulbis and Juan-Martin del Potro V Gilles Simon.



All of the matches were superb and the weather beautiful – not too hot! The students were exemplary in their behaviour and have returned to Maryport thoroughly inspired.

Mr D W Tromans
Head Teacher

When the Pupil Becomes the Teacher...

The early morning tennis sessions from 7.30am-8.30am with tennis-star Netherhall School student Harrison Savage are proving increasingly popular, as there are regularly well over twenty keen Netherhall School tennis players attending the sessions. What a great way to start the day!



Mr D W Tromans
Head Teacher

Mountain Biking

I had the pleasure of running another mountain biking trip in the last week of term. This time I chose to be a little more adventurous and took them on a trail to a remote part of Skiddaw. During the trip they experienced tough up hills, technical riding, exposure and some of the best downhill riding the Lakes has to offer. To top off a brilliant day, we also visited the pump track to hone our jump skills. I really believe that the students we have are some of the best in Cumbria. All of them worked hard and I believe they walked away from the trip wanting to experience more. Next academic year, we are going to be riding to Whinlatter to experience the Tour of Britain, which again will be a fantastic experience as the students will be exposed to the professional side of cycling.



Mr Horton
Joint Head of Science

Cycle Trip

On Wednesday, 11th July pupils from the Go Ride Club set out to cover 100 miles around Cumbria in 3 days.



Day 1 took the pupils from Netherhall School to the edge of Carlisle via the Solway Coast and the Hadrian's Wall cycle path. All pupils did well on the first day covering a total of 36 miles of hot, breezy cycling. After a meal in Carlisle in the evening, pupils were eager to get back and watch the England v Croatia semi-final at Ratlingate Camping Centre.

Day 2 was exceptionally hot with the temperature reaching 31.3 degrees celsius. The route went into Carlisle, through to Dalston and then up onto the Caldbeck hills with over 2000 feet of ascent. All pupils showed exceptional resilience, climbing Warnell Hill, with sections of 18 percent incline.



Day 3 was the real challenge - getting over Whinlatter Pass, with a long 2 mile climb to the top. The pupils did really well and were rewarded by great views and a fast descent.

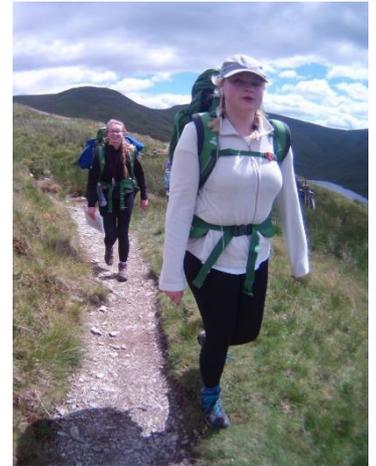
Over the three days everyone had a fantastic time. All of the pupils felt that the ride had challenged them and allowed them to push their limits and grow in cycling proficiency. Mr Wassell, Mr Blades and I are exceptionally proud of all who took part and hope they realise how well they did.

Next year's challenge will be longer and even more difficult, as we aim to complete the 121 miles from Maryport Lighthouse to Tynemouth Lighthouse via Hadrian's Cycleway. If you think you are up for the challenge please come and let me know.



Mr N P Fulton
Head of PE

Duke of Edinburgh Silver Award



The Netherhall School Silver Duke of Edinburgh Award group successfully completed their expedition in the fabulous Ullswater valley!



Well done to everyone involved.

Mr Wassell
Silver Duke of Edinburgh Awards Co-ordinator

Gold Duke of Edinburgh Award The Great Glen – The Canoe Challenge

Each year we have a new group of students that wish to participate in Gold Duke of Edinburgh and I always feel that it is nice to do something different from the usual. That is why instead of walking for four days, I like to offer a canoe trip (next year there could be a bike trip on offer).



This year we set off from Dores (near Inverness) on a very sunny day. The students set themselves up into rafted groups, whilst they found their feet, and before long they got to grips with paddling in straight lines. Over the expedition, I am pleased to say that they covered just short of 80km and travelled almost to Fort William which is incredible. I am really pleased with this year's cohort as they persevered and covered the distance without complaint or issue. In fact, over the four days, they experienced harsh weather conditions, tick bites, midges, rough water and fatigue. Through all of this they kept their resolve and sense of humour, looked after themselves and each other.



My highlights of the trip included:

- Watching the England semi-final from an iPad on the shore of Loch Lochy (situated 1km paddle from the nearest road).
- Sailing almost the entire length of Loch Lochy, whilst rafted together and using a tarp as an improvised sail.
- The students cooking for themselves and being completely independent in everything they did.
- Each night sitting around a camp fire and talking about future aspirations.



I would also like to thank Miss Satterthwaite and Mr Norris for the help they provided. Without staff volunteering and putting their personal time into such events they simply wouldn't be able to happen. So thank you all.

Richard Horton
DofE Co-ordinator

Outdoor and Adventurous Activities

The Year 12 PE students have been completing their Outdoor Adventure Activities unit. To achieve this, they have taken part in four different outdoor and adventurous activities, demonstrating their knowledge of safety and procedures, technical ability, leadership and team working skills.



The group of intrepid Year 12 students left school on Wednesday, which started with the high ropes course at Go Ape. All of the participants were fantastic, encouraging and supporting each other around the course.



They then went to set up camp at Chapel House camp site before going on a hike to Millican Dalton's Cave and then on to Castle Crag. On day 2 they spent the morning in the Newlands Valley ghyll scrambling. The final part of the trip was spent on Derwentwater canoeing.

All the students had a fantastic time and were absolutely shattered when they returned to school. As always, they were a credit to themselves and to the school.

